



# The In Touch

Volume 54, Issue 1

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*Our Mission: To Seek, Know, Love and Serve Christ in all Persons and in all Creation*

## Ramblings from the Deacon....

Riley, aka Big Dog, still acts like a puppy. Most of the time we enjoy his antics and are happy that he's still full of energy. Not so much at 3 a.m. though; which is still his favorite time to sneak something off of my desk and make just enough noise with it to wake us up. Last night was some advertising mail (now that I work at the post office I've learned not to call revenue junk) This morning I got busy clearing off the clutter that had accumulated during Emma's stay and found these activities from St John's in Duluth that invite us to take an extra moment to experience God every day. They're geared toward children, but approaching God in a childlike way is a beautiful experience.

Here is a prayer about darkness and light: God, you created the Sun and the Moon, the day and the night. Thank you for being with us all the time, daytime and at night time. *Amen.*

Close your eyes and sit in silence for 30 seconds. Notice all of the sounds around you. Think about the sounds you have heard.

What friend are you thankful for today?

How can we communicate with God? Try to think of more than one way.

Here's a simple prayer formula: 1. address God and give God an attribute, (example loving God), 2. Present your prayer request (please help us to love you more), 3. Say what you would like say - why you would like what you are asking for (so that we can serve you better), and end by saying *Amen.*

Think back on today, was there a time that someone said thank you to you? When was it? How did you feel?

What ability do you have to serve others that you are thankful for? How are you using it?

How does God communicate to us? Try to think of more than one way.

Breathe prayer. One way to pray is to remember that your breath connects you to God take three deep breaths with each in breath think to yourself "I am breathing in God's life and light". With each out-breath think "I am breathing out worry and stress and fear".

Look around you right now what is one thing you see that makes you feel happy?

God's love is all around us. Where did you feel God's love this week?

What did you eat for dinner yesterday it's? What about the day before yesterday?

If you could ask God one question, what would it be?

Sometimes we think God is only up above, but God is everywhere. Here is a prayer about that God. Thank you for being above us and below us, beside us and next to us. Help us to see you everywhere. *Amen.*

What food do you eat regularly that you are thankful for?

One of the important things to know about God is that God loves us, all the time, even if we feel far away from God. Have you ever felt far away from God? When was it?

Try this fill in the blank prayer: God, we give you thanks today for \_\_\_\_\_ and \_\_\_\_\_. We ask that you would please help us remember \_\_\_\_\_ and \_\_\_\_\_ who are in our hearts and minds. Help us to know you more and more each day. *Amen*

What is a fun activity or game that you are thankful for?

What is one word you would use to describe God?

One way to pray is to remember throughout the day, when is one time you felt God today? when is one time you felt far from God today?

What piece of clothing are you thankful for?

Think about your day today. What was the most joyful moment?

What place in our city or town are you thankful for?

Answer one of these two questions: What did you do today that made someone's day a little brighter? Or, what did someone do for you that made your day brighter?

I hope these reflections enrich your days in this season of Epiphany.

With grateful hearts, we continue the journey.

Peace, *Mel*



**1/6 ~ Jeanne Corrin**

**1/9 ~ Mike Noland**

**1/12 ~ George Schlieff**

**1/21 ~ Layna Padesky** (granddaughter  
Byrne & Carole Johnson)

**1/25 ~ Jan Menefee** (daughter of Waiva)

**1/30 ~ Nicholas Padesky** (grandson of  
Byrne & Carole Johnson)



**1/9 ~ John Briggs**

**1/24 ~ Taylor Wright**

**1/26 ~ Alan Wright**



**1/28 ~ Delbert & Bonnie Hickey**

HTEC message for Dec. 18 - January News Letter

Our congregation is doing very well meeting the goals of our mission statement: To seek, know, love and serve Christ in all persons and all creation. Our service in the community is exemplary.

We also need to meet the goals of maintaining our physical plant and supporting our mission.

Your vestry wants you to know that expenses have increased and we need to step up as giving members to meet these needs. For the past five years we have been using half of the annual Art Corrin estate gift to meet internal expenses. This planned gift is available for only four more years. If each of us would give a little more each month, we will meet our needs and continue to do well in our mission.

A review of 2018 yearly expenses shows:

Diocesan assessment	4,500.00
Secretarial services	14,000.00
Church cleaning	2,200.00
Snow removal and lawn service	1,400.00
Equipment	1,000.00
Telephone/Internet	1,100.00
Utilities	5,000.00
Convention	2,000.00
Building Improvement	2,000.00
Maintenance	1,500.00
Insurance	4,000.00
Music	<u>3,000.00</u>
TOTAL	41,200.00

Pledges account for \$30,000 of income and an additional \$10,000 from the Art Corrin yearly estate gift is used to meet the expenses. These are rounded figures and the chart does not show detailed expenses. Please, contact our treasurer, Andy Wright with your questions.

In faith,

Your Vestry:

Carol Grim, Senior Warden; Mel Mattsen, Junior Warden; Michele Dahlen, Secretary;  
Erik Strand; Sandra McCormack; Caryn Noland; Jeannie Strand

## Annual Meeting

Sunday January 20<sup>th</sup>, 2019 11:30 a.m.

**We will need Vestry members**

Community Café

Holy Trinity Volunteers

Thursday ~ Jan 24<sup>th</sup>

# January '19 Sunday Service Lay Responsibilities

Dates	Celebrants	Acolytes	Lectors & Lessons	Greeters
<b>6</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>Epiphany</b>	Rev. Samantha Crossley Deacon: Lee Grim	Lee Grim	Carolyn Mount Lee Grim	Flossie Knutson
<b>13</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>Baptism of our Lord</b>	Rev. Samantha Crossley Deacon: Lee Grim	Lee Grim	Jeanne Corrin Lee Grim	Donna Day Karen Walls
<b>20</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>2nd Sunday after Epiphany</b>	Rev. Samantha Crossley Deacon: Lee Grim	Lee Grim	Erik Strand Lee Grim	Carolyn Davison
<b>27</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>3<sup>rd</sup> Sunday after Epiphany</b>	Rev. Samantha Crossley Deacon: Lee Grim	Lee Grim	Mike & Tricia Brennard	Mike & Tricia Brennard



# January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 Altar Guild
						Georgeann & Donna
6	7	8	9	10	11	12 Altar Guild
<b>Lessons &amp; Carols</b> <b>10:00 a.m.</b> <i>The Epiphany of our Lord Jesus Christ</i>		 9:30 am Coffee Landing  <b>Team meeting 6pm</b>				<b>Flossie</b>
13	14	15	16	17	18	19 Altar Guild
<b>Holy Eucharist</b> <b>10:00 a.m.</b>	<i>Ruby's Pantry</i> <i>Reg. 4:30 Dist.</i> <i>5-6:30</i>	<b>Vestry 4:45 pm</b>				<b>Flossie</b>
20	21	22	23	24	25	26
<b>Holy Eucharist</b> <b>10:00 a.m.</b> <b>Annual Meeting</b> <b>11:30</b>		Newsletter Deadline (Vestry)		<b>Holy Trinity</b> <b>Community</b> <b>Café Volunteers</b>		<b>Carolyn</b>
27	28	29	30	31		
<b>Holy Eucharist</b> <b>10:00 a.m.</b>						