



The In Touch

Volume 55, Issue 10

Our Mission: To Seek, Know, Love and Serve Christ in all Persons and in all Creation

Ramblings from the Liturgist.....

Worry - Webster describes it this way—"to afflict with mental distress or agitation: make anxious.

We all do it- worry- some more than others. I tend to be one of the latter. Anything out of my comfort zone and I worry.

Recently I was scheduled for some surgery. Now this was a gravy boat of potential things to worry about. Doctor visits, the surgery itself, how to get there (it was to be done in Duluth), could Andy be with me? What if my pre op physical found something else wrong? Then there was that COVID test—what if I was positive? I haven't been anywhere but the grocery store and Mennards since mid March. But that COVID virus is a sneaky little thing! I needed to have some lab work done and it couldn't be done here—something else to deal with. So you see how it goes☺☐

What does God say about worry—

Philippians 4:6-7 says Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding will guard your heart and your minds in Jesus Christ.

Psalm 55:22 - Cast your burdens on the Lord and he will sustain you: he will never permit the righteous to be moved.

1st Peter 5:7-Cast all your anxiety on Him because he cares for you.

Carrie Ten Boom (Dutch Christian who worked during WW2 to help Jews escape) says " worry does not empty tomorrow of its sorrow- it empty's today of it's strength "

Max Lucado —author and pastor in San Antonio Texas says “ No one can pray and worry at the same time ”.

So—I pondered the above and here is the conclusion I came to. God has given me the tools to deal with my worries. I just need to recognize them and use them! Like my brain and my common sense!

And then my surgery was cancelled! My surgeon needed surgery! So all that worry and anxiety for nothing!

At the time of my writing this, I have been rescheduled and I am not worried! Maybe because I had a practice run at getting prepared! God’s way of showing me nothing to worry about. By the time you read this I should be done and recuperating. I have given my anxiety and worry to my Savior, who has never failed me.

Peace,
Georgeann





Happy Birthday

- 10/ 1 ~ Wilbur Tveit
10/6 ~ Guy Menefee (son of Waiva)
10/10 ~ Karen Walls
10/18 ~ Donald Johnson (grandson Byrne
& Carole Johnson)
10/27 ~ Georgeann Wright
10/29 ~ Johan Tanem
10/ 30 ~ Grant Oettinger (son of Pam,
grandson of Gary & Carolyn Davison)
10/31 ~ Brian Toder (son of Olga Reuter)



- 10/22 ~ Guy Menefee
10/25 ~ Waylon Rasmussen

*Blessings on your
Ordination Anniversary!*

- 10/1 ~ Rev. Samantha Crossley

*During our Shelter in Place Order
Watch Holy Trinity Services Livestream
Service bulletin is on our website: www.ifhtec.org
On Facebook: Sundays @ 10:00 am*

October '20 Sunday Service Lay Responsibilities

Dates	Celebrants	Acolytes	Lectors & Lessons	Greeters
4 Holy Eucharist 10:00 am 18th Sunday after Pentecost	Rev. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Gavia Yount or Linnaea Yount Lee Grim	
11 Holy Eucharist 10:00 am 19th Sunday after Pentecost	Rev. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Gavia Yount or Linnaea Yount Lee Grim	
18 Holy Eucharist 10:00 am 20th Sunday after Pentecost	Rev. Samantha Crossley Deacon: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Gavia Yount or Linnaea Yount Lee Grim	
25 Holy Eucharist 10:00 am 21st Sunday after Pentecost	Rev. Samantha Crossley Deacon: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Gavia Yount or Linnaea Yount Lee Grim	



October 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Altar Guild
						Carolyn & Molly
4	5	6	7	8	9	10 Altar Guild
Holy Eucharist 10:00 a.m.						Carolyn & Molly
11	12	13	14	15	16	17 Altar Guild
Holy Eucharist 10:00 a.m.	<i>Ruby's Pantry 4:30 - 6:30</i>	Team 6:00 Vestry 5:00 pm				Tricia
18	19	20	21	22	23	24 Altar Guild
Holy Eucharist 10:00 a.m.		Newsletter Deadline (Sam)				Tricia
25	26	27	28	29	30	31 Altar Guild
Holy Eucharist 10:00 a.m.						Donna & Karen