



# The In Touch

Volume 57, Issue 11

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*Our Mission: To Seek, Know, Love and Serve Christ in all Persons and in all Creation*

## From the Arch Deacon.....

If you happen to be a spider on the wall in my house any given morning, you will likely see an oft recurring scene: A family of not-a-morning-person people struggling to shake out the cobwebs and accomplish their own individual required ante meridiem tasks. One person in our family milieu needs sound to realize this goal. A song, a story, a vignette, some news, something, anything making noise, pulling attention out of sleep and into the day. Another of us clings to the silence of the night, prolonging the transition from sleeping to waking, jealously guarding the peace and stillness that remains of the slumber that is passing. The disparate needs in the household create a predictable dissonant tension. Almost. Every. Morning.

True confession - it's me. I am the jealous peace clinger. Seemingly meaningless noise in the morning renders me unjustifiably cranky, sets my teeth on edge. Irrational, ridiculous, out of proportion irritability tilts my otherwise relatively even keel when the air becomes littered with chunks of floating, sharp, insistent noise.

"When can you just be still?" my wisely perceptive spiritual director gently asked me once, "When can you just sit with God in the silence?" I had no answer for her.

We don't do still, don't do silent. Even in retirement, many folks tell me they end up busier than they were before. My morning idiosyncrasies notwithstanding, our modern lives do not encourage stillness. We have people to see, things to do, schedules to keep, games to play, plans to make, books to read, lives to live, thoughts to avoid, busyness to accomplish. We value production, movement, progress, activity. Fr. Richard Rohr describes us as "toxically overstimulated"

"When we make space for silence in our lives", Sister Joan Chittester writes, "we take the time to heal what it is in us that still simmers and burns." (Chittister, Joan. *The Monastery of the Heart: An Invitation to a Meaningful Life*, p. 44). In spite of the alarms, ringtones, advertisements, warnings and incessant babble of phones and iPads and musak and blogs and podcasts and news and television that pervade our lives, Sr. Chittester goes on to remind us, "The noise outside of us is not the enemy. It is the noise within—our desires that plague us, our worries that deplete us, our thoughts that agitate us—that we must calm. (Chittister, Joan. *The Monastery of the Heart: An Invitation to a Meaningful Life*, p. 46) Quieting the noise without allows us to attend to the noise within.

“In the silence of a midwinter dusk, there is a sound so faint that for all you can tell it may be only the sound of the silence itself. You hold your breath to listen. You are aware of the beating of your heart. The extraordinary thing that is about to happen is matched only by the extraordinary moment just before it happens. Advent is the name of that moment.” (Frederick Buechner).

As we come to the cooling days, crisp nights and frost covered mornings we are at the advent of Advent, the preparation for the preparation. The bustle of the Holiday season begins soon, sooner every year it seems.

Up the mountain (Mark 6:46, Luke 9:28), into the hills (Luke 6:12), in the garden (Matthew 26:36-45, Mark 14:32-41, Luke 22:39-46), to a certain place (Luke 11:1), or just ‘alone’ (Luke 9:18) - again and again Jesus took the time to step away and to pray, to embrace the stillness in which we find God.

I cannot manage mountains, hills or gardens, I’m afraid, but this coming Advent, I’d like to ensure the option of a little stillness, a little time, a place apart. At least one evening per week in Advent (probably Thursdays, but we’ll see), I will plan to open the sanctuary for at least an hour. The doors will be unlocked, the lights lower, the candles lit. There may be soft, calm music or silence, but no liturgy, no agenda, no sermon, no expectations. You are welcome to come and pray, or sit, or get warm, or just be; to prepare for the coming Christ, or recognize the Christ amongst us always. Step away into the stillness for 5 minutes or for 55.

“Down in the depths of silence, distant from the crowds, alone with yourself, your life lays itself bare before you, begging to be really seen...Silence gives you the opportunity to do things thoughtfully. To proceed seriously. To speak up bravely. You can listen for the voice of God within you calling you to the more of life that you have smothered for so long that the voice has become barely audible.” (Chittister, Joan. *The Monastic Heart*). Come to the sanctuary of an Advent evening, or find another time, another place, another way, but consider taking the time to just be still, to sit with God in the silence.

Blessings,

*Dr. Sam+*



## ***Watch Holy Trinity Services Livestream***

*Service bulletin is on our website: [www.ifhtec.org](http://www.ifhtec.org)*

*On Facebook: Sundays @ 10:00 am*



**Happy  
Birthday**

11/1 - 11/30 ~ Cori Davison  
~ Tyler Downs  
~ Samuel Schlieff  
~ Linnaea Crossley Yount  
~ Taylor Wright



11/22 ~ Brittany Klatt

11/22 ~ Rocky Strand

11/22 ~ Donna Strand



11/28 ~ Bill & Jeanne Corrin

## ***Community Café***

*Holy Trinity Volunteers*

*Tuesday ~ Nov. 22<sup>nd</sup>*

NOT WHAT WE SAY ABOUT OUR  
**BLESSINGS**  
BUT HOW WE USE THEM, IS THE TRUE MEASURE OF OUR  
**THANKSGIVING**

# Nov '22 Sunday Service Lay Responsibilities

Dates	Celebrants	Acolytes	Lectors & Lessons	Greeters
<b>6</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>22<sup>nd</sup> Sunday after Pentecost</b>	Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Georgeann & Andy Wright	
<b>13</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>23<sup>rd</sup> Sunday after Pentecost</b>	Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Carole Johnson	
<b>20</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>Last Sunday after Pentecost</b> <b>Christ the king</b>	Rev. Dr. Samantha Crossley Deacon: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Molly Pavleck	
<b>27</b> <b>Holy Eucharist</b> <b>10:00 am</b> <b>1<sup>st</sup> Sunday of Advent</b>	Rev. Dr. Samantha Crossley Deacon: Lee Grim or Melanie Mattsen	Lee Grim Or Melanie Mattsen	Erik Strand	



# November 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 Altar Guild
						Donna & Karen
6	7	8	9	10	11	12 Altar Guild
 Holy Eucharist 10:00 a.m.						Georgeann
13	14	15	16	17	18	19 Altar Guild
Holy Eucharist 10:00 a.m.	Ruby's Pantry 5:00 - 6:30	Vestry meeting 6:45 pm				Georgeann
20	21	22	23	24	25	26 Altar Guild
Holy Eucharist 10:00 a.m.	Newsletter Deadline (Lee)	Holy Trinity Community Café Volunteers 5:00 pm				Carolyn & Molly
27 1 <sup>st</sup> Advent	28	29	30			
Holy Eucharist 10:00 a.m.						
